



Tools For Action

A sample of physical education initiatives in Wisconsin

Walking Program

Contact Information

Main Contact Person
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Title of Main Contact
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Rawson Elementary
School District Name
South Milwaukee
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Program Information

Program Name
Walking Program
Program Category
Activity Outside PE Class
Grade Level
Elementary School (K-2); Elementary School (3-5)
Assessment Method

Program Information

Products Developed or Materials Used:

Program Description:

This program is used for our third PE class each week. The class room teacher is responsible for this time. Our students only see a licensed PE teacher 2 times per week. This program has been well received by our class room teachers.

For information on other **Physical Education Best Practices**, visit the website at:

<http://dev.dhfs.wisconsin.gov/health/physicalactivity/PEhome/> or contact Jon Hisgen at jon.hisgen@dpi.state.wi.us

For information on how your school could become a **Governor's Healthy School Award** winner, visit the website at:

<http://www.schoolhealthaward.wi.gov/> or contact Brian Weaver at brian.weaver@dpi.state.wi.us

For more information on nutrition and physical activity, visit the **Wisconsin Nutrition & Physical Activity Program's website** at:

<http://dhfs.wisconsin.gov/health/physicalactivity/>

or contact staff at:

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(Marv Pesik, Program and Grant Coordinator)